FOR SIGHT, FOR LIFE.

Your guide to gifts in Wills

The Fred Hollows Foundation
Before Fred lost his battle with cancer, we had a conversation about how we could continue his work restoring sight in the developing world. From those early talks The Foundation was born. Since then, we’ve restored sight to over 2.5 million people.

It’s a great achievement and one I know Fred would be proud of. The simple truth is this work would not have been possible without the help of Australians like you, who time after time support us generously to give the gift of sight to those who need it most.

A gift in your Will is a really special way to continue your support. It’s a gift that means The Foundation can keep training doctors and eye health workers, building eye clinics and restoring people’s sight for generations to come.

On behalf of Fred and myself, thank you.

Gabi Hollows AO
Founding Director
The Fred Hollows Foundation

When Fred first shared his vision to end avoidable blindness, he was told it couldn’t be done. But he refused to accept that people should be needlessly blind simply because they couldn’t afford surgery. He vowed to never stop fighting for sight, until everyone, everywhere has access to good quality eye care for life.

Because of the pioneering work of Fred and others, we can now restore sight for as little as $25 in some countries.

Our work continues in much the same way it started: by just getting on with it. We are on the ground in more than 25 countries, providing eye operations and treatments, distributing antibiotics, training local doctors and equipping medical facilities with the tools to restore sight and change lives.

Fred understood that to end avoidable blindness, you need to help people to help themselves. That’s why a gift in your Will is so important. Your gift can help us perform more sight restoring surgeries and train future generations of surgeons and eye health workers in remote Indigenous communities in Australia and in developing countries around the world.

What’s truly incredible is that your gift will do much more than restore sight – it will also help break the cycle of poverty for future generations. In developing countries where 90% of the world’s blind live, every $1 spent on eye health care can lead to $4 of economic gain.

A gift in your Will demonstrates your support for sight. It’s an important and wonderful decision you make that brings others hope for life.

“I’m an optimist, always, that the world can be a better place.”
– Fred Hollows
FOR SIGHT, FOR LIFE.

Of every $1 you give:

- **Programs and community education**: 70c
- **Fundraising investment**: 23c
- **Operating expenses**: 7c

In one year alone we achieved:

**Africa**
- 981,540 people screened
- 41,927 eye operations and treatments
- 2,017 glasses provided
- 10,036 people trained
- 489,822 people educated in eye health

**South Asia and Middle East**
- 389,969 people screened
- 27,733 eye operations and treatments
- 17,344 glasses provided
- 863 people trained
- 57,143 people educated in eye health

**East Asia**
- 361,013 people screened
- 97,962 eye operations and treatments
- 25,856 glasses provided
- 1,977 people trained
- 543,902 people educated in eye health

**Australasia**
- 32,381 people screened
- 4,002 eye operations and treatments
- 1,322 glasses provided
- 250 people trained
- 3,843 people educated in eye health

COVID-19 has disrupted programs worldwide, but thanks to supporters like you, our work continues.
Fred believed that quality eye care should be the right of every man, woman and child. He was determined that no one should have to live with avoidable blindness.

But right now, blindness discriminates – against people in low and middle income countries. Against those who live in remote communities. And against women.

Women and girls are 1.3 times more likely to be blind than men.

Fred would never have stood for such inequality. That’s why The Foundation has launched She Sees, a global initiative to reduce the gender imbalance in avoidable blindness.

Through She Sees we’re working to ensure more women have access to the eye surgeries they so desperately need. We’re running targeted projects, bringing quality eye care to tens of thousands of women in countries such as Bangladesh, Vietnam and Pakistan, so they can continue to work and support their families and communities.

By leaving a gift to The Foundation in your Will for sight, you can support major, transformational projects like She Sees, and join Fred in creating a lasting legacy that gives thousands of people better prospects for life.

“What we are doing is giving these people the chance to help themselves. We are giving them independence.”

– Fred Hollows
The Turners are creating a future for children like Eric

Frank and his daughter Liane had to adapt when Frank’s cataracts blinded him and Liane took on the role as his carer.

"My father and I believe that the work The Fred Hollows Foundation does is life changing for people living with avoidable blindness. Losing your eyesight changes your life in so many ways, but it also impacts your family and friends. I witnessed this first hand when my father lost his sight due to having cataract in both eyes. Luckily, we live in a country where we have access to high quality eye health care services and after having his cataracts removed, my father’s sight was fully restored and he was able to go about his day again and enjoy the farm we live on.

Restoring sight really does mean people are getting their dignity and independence back, to care for themselves and perhaps even others.

We have had long conversations about this, and we can only imagine how hard it must be for people to lose their sight while living in poverty or challenging circumstances.

That is why we both chose to leave a gift in our Will to The Fred Hollows Foundation. We want to give people the same chance that my father had to see again. We want our legacy to help as many people as possible living with avoidable blindness and restore sight for generations to come."

Frank and Liane Turner
Supporters of The Fred Hollows Foundation

Eric, aged 9, was born with cataract in both eyes. He had some light perception in one eye, but nothing in the other. When his mother Clementine first noticed Eric’s blindness, she took him to a local health clinic, but they couldn’t help and Clementine couldn’t afford to take Eric to the hospital.

A community health worker who had been trained by The Foundation visited the district and was told about Eric. They immediately contacted Dr Ciku Mathenge, The Foundation’s Medical Advisor for East Africa.

Dr Ciku and the team made a long trek to Eric’s house, crossing rivers and streams and climbing over fallen trees. The terrain is difficult for people with sight – an impossible journey for a little boy who couldn’t see.

Dr Ciku took Eric back to Kigali and after a long and difficult surgery, Dr Ciku successfully removed his cataracts, restoring his sight.

When Eric and Clementine returned to the village, Eric ran ahead of his mum, leaping across the creek and playing with a football, very different from the little boy who had to cling to his mum’s hand for fear of falling just a few days earlier.

This is the difference you can make. A gift in your Will could help us build more eye clinics in the developing world and restore the sight and hopes of many more people in the future.

"To help someone is a tremendous feeling."

– Fred Hollows
Bequest facts

It is really important to have a Will, and anyone can do it.

When considering what to include in your Will, your first priority is to look after your loved ones.

Your Will ensures your last wishes will be carried out the way you intended. It also offers you the chance to create a lasting legacy, supporting the life-changing work of charities that are important to you. Making this commitment will ensure that your beliefs and values live on.

It is important to talk to the people close to you about your wishes and the reasons why you might choose to leave a gift to The Fred Hollows Foundation in your Will.

If you do make the decision to leave a gift, thank you so much. It means you’ll always be part of something exceptional that will give the gift of sight and change lives for years to come. It’s something you and your family can be proud of together.

There are different types of gifts you can leave in your Will.

Some of these include:

- **Residual Gifts**: The remainder of your estate, or a percentage of the remainder, after you have taken care of loved ones. This gift will have the most profound impact and will keep up with inflation, so it will change as many lives in the future as it could today.

- **Whole or Part of Your Estate**: You can choose to leave the whole of your estate or a percentage to the Fred Hollows Foundation and continue to give the gift of sight.

- **Specific Gifts**: This could be a specific sum of money, property, shares, a particular item, bonds or superannuation.

How to leave a gift in your Will

We’re so thankful that you’re considering including The Fred Hollows Foundation in your Will. To make it as simple as possible, we’ve provided some suggested wording.

We recommend that you work with a solicitor or Public Trustee to write your Will. You can share this wording with them, or write it into your Will if you decide to create it yourself.

Suggested wording for your Will

“I give (insert benefit either residual gift, whole or part of your total estate, or specific gift) to The Fred Hollows Foundation ABN 46 070 556 642, for its: (Insert choice of the following options)

1. General purposes.
2. International Programs for general purposes.
3. Indigenous Australian Programs for general purposes.

I declare that the receipt of the secretary, treasurer or authorised person of the nominated beneficiary will be a full discharge for my trustees who will not be bound to see its application.”

Amending your existing Will

If you already have a Will, you don’t need to start from the beginning to include a gift to The Fred Hollows Foundation.

Instead, you can include a codicil – an extra clause which is added to your existing Will. You can use the suggested wording above, and you will need to have your codicil witnessed by two people when you sign and date it.
A GIFT THAT LASTS BEYOND A LIFETIME.

“I believe the basic attribute of mankind is to look after each other.”

– Fred Hollows