

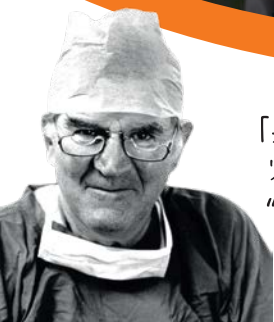


The Fred Hollows
Foundation | 護瞳行動

瞳在香港10^{YEARS}年

2025 全球成就

GLOBAL IMPACT



「身而為人，我們有責任守望相助；當不公義存在，受傷的從來不只是少數人，而是我們共同珍視的尊嚴與未來。」

“As human beings we must do things to help each other. Disequity diminishes us all.”

- 霍洛教授 Professor Fred Hollows

2025 全球成果 GLOBAL RESULTS



迄今為止最深遠的影響
OUR HIGHEST IMPACT TO DATE:

2,351,700

年視力獲挽救
YEARS OF SIGHT SAVED*

*挽救一年視力 = 一名可避免失明患者重拾完整視力一年
*1 year of sight saved = 1 year of full sight when a person would have been needlessly blind



12,983,770

人獲分發抗生素治療沙眼
PEOPLE TREATED WITH
ANTIBIOTICS FOR TRACHOMA



148,885

副眼鏡獲分發
PAIRS OF GLASSES DISTRIBUTED



48,994

名外科醫生、基層眼科醫護人員、
護士及教師獲培訓
PEOPLE TRAINED INCLUDING
SURGEONS, PRIMARY EYE CARE
CLINICIANS AND TEACHERS



805

間醫療機構、訓練中心及
學校得以落成、重建或修葺
MEDICAL FACILITIES, TRAINING
CENTRES AND SCHOOLS BUILT,
RENOVATED OR EQUIPPED



2,490,745

名在校兒童與社區成員
獲眼保健及個人衛生教育
SCHOOL CHILDREN AND COMMUNITY
MEMBERS EDUCATED IN EYE-HEALTH
AND SANITATION



511,623

宗治療或改善視力療程，包括
EYE OPERATIONS AND
TREATMENTS PERFORMED,
INCLUDING:

212,216 宗白內障手術
CATARACT OPERATIONS

31,258 宗沙眼手術
SURGERIES TO TREAT TRACHOMA

10,472 宗糖尿病視網膜病變療程
DIABETIC RETINOPATHY TREATMENTS

257,677 項治療或改善視力療程
OTHER SIGHT SAVING OR
IMPROVING INTERVENTIONS



6,136,161

人獲得篩查
PEOPLE SCREENED

創會董事嘉比及總監柏羅士的話

Gabi Hollows AO and Ross Piper

A JOINT MESSAGE FROM THE FOUNDING DIRECTOR AND CEO

以視力改變人生

2025年，全球持續面對複雜多變的挑戰，但護瞳行動始終秉持霍洛教授的信念：每個人都應享有清晰視力，以及獲得優質眼科護理的機會。

過去一年，我們持續與各國政府及在地伙伴推動眼健康發展，並於巴布亞新幾內亞支持眼健康系統建設及眼科人才培訓，為更多偏遠及服務不足社群帶來可持續的眼科護理服務。

我們亦迎來多項重要里程碑，包括發布《視覺的價值》報告、榮獲獎項 António Champalimaud Vision Award，並與彭博慈善基金會合作，於柬埔寨及埃塞俄比亞推動眼健康工作。衷心感謝全球支持者、在地醫療伙伴、義工及同事一直以来的支持。未來，我們將繼續攜手努力，朝著終結可避免失明的願景邁進。



Gabi Hollows

Ross Piper

Transforming Lives Through Sight

Despite a complex global environment in 2025, The Fred Hollows Foundation remained guided by Fred Hollows' belief that everyone deserves the right to clear sight and quality eye care.

Throughout the year, we continued working with governments and partners to strengthen eye health systems. In Papua New Guinea, we supported workforce development and sustainable eye care services for remote and underserved communities.

We also celebrated important milestones, including the release of the Value of Vision report, receiving the António Champalimaud Vision Award and partnering with Bloomberg Philanthropies to strengthen eye health services in Cambodia and Ethiopia. Thank you to our supporters, partners, volunteers and staff around the world. Together, we will continue working towards a future where no one is needlessly blind.

香港及澳門總幹事鮑守正的話

Cyrus Pow

A MESSAGE FROM THE HEAD OF HONG KONG AND MACAU

攜手開創下一個十年

加入護瞳行動後，最令我深受感動的，是香港社會多年來對眼健康工作的支持。無論是捐助者、企業伙伴、學校、義工，還是每一位參與活動的市民，都以不同方式為消除可避免失明出一分力。

2025年是護瞳行動香港辦事處成立十周年的重要里程碑。過去十年，我們由成立香港辦事處、建立街頭籌款團隊，到推出同燃希望獎及多項社區教育計劃，連繫香港社會各界支持全球眼健康工作，攜手推動改變。

香港雖然地方不大，卻匯聚了愛心、創意與專業知識，為亞洲及全球眼健康發展作出獨特貢獻。

展望未來，我期待與您及各界伙伴繼續「瞳」行，攜手共築人人皆享的眼健康服務，讓更多人擁有改變人生的機會。



鮑守正

Building the Next Decade Together

Since joining The Fred Hollows Foundation, I have been inspired by the support that people across Hong Kong have shown for improving eye health. Whether through donations, partnerships, volunteering or community participation, every contribution helps create lasting change.

2025 marks the 10th anniversary of The Fred Hollows Foundation Hong Kong office. Over the past decade, we have grown from establishing our local presence and face-to-face fundraising team to launching the Humanity Award and a range of community education initiatives, connecting people in Hong Kong with the global effort to end avoidable blindness.

While Hong Kong is small in size, it brings together generosity, innovation and expertise that can make a meaningful contribution to eye health across the region and beyond.

Looking ahead, I look forward to working alongside you and our partners to advance eye health equity and create more opportunities for people to thrive.

視覺的真正價值

The TRUE VALUE of Vision

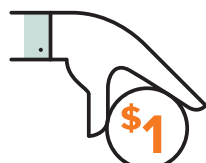
視力不僅改變一個人的健康，更能帶來教育、就業及改善生活的機會。《視覺的價值》報告指出，眼健康是全球發展領域中最具成本效益的投資之一，每投資1元可帶來高達28元的社會及經濟效益。

報告亦指出，當更多人能夠學習、工作及照顧家人，眼健康所帶來的影響便遠超醫療層面。持續投資眼健康有機會減少120萬宗道路交通意外傷害、讓全球多達2,200萬人投入工作等，進一步印證眼健康對教育、就業及經濟發展的重要性。

Vision does more than restore sight. It unlocks opportunities for education, employment and economic participation. The Value of Vision report found that eye health is one of the most cost-effective investments in global development, with every dollar invested generating up to 28 dollars in social and economic benefits.

The report also highlights that when people can learn, work and care for their families, the impact of eye health extends far beyond healthcare. Sustained investment in eye health could prevent 1.2 million road traffic injuries, enable up to 22 million more people to be employed and deliver many other social and economic benefits. This reinforces the vital role eye health plays in education, employment and economic development.

了解《視覺的價值》報告
Explore the Value
of Vision Report



每投資眼健康
INVESTED IN EYE HEALTH



《視覺的價值》報告由護瞳行動、國際防盲協會及塞瓦基金會於紐約聯合國大會期間共同發布。

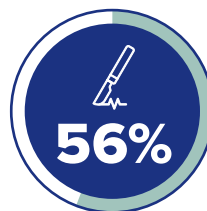
The Value of Vision report was launched at the United Nations General Assembly in New York by The Fred Hollows Foundation, the International Agency for the Prevention of Blindness (IAPB) and Seva Foundation.

推動眼健康性別平等

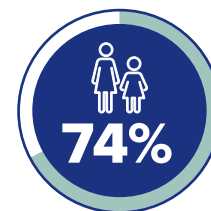
Driving GENDER EQUITY in Eye Care

在許多地區，婦女及女孩往往因照顧家庭責任及經濟限制，而較難獲得眼科護理服務。因此，推動眼健康性別平等一直是護瞳行動的重要工作。

In many communities, women and girls face greater barriers to eye care due to caregiving responsibilities and financial constraints. That is why gender equity remains a key focus of our work.



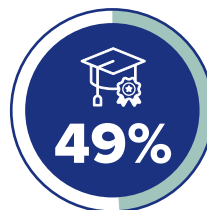
接受眼科手術或治療的
患者為婦女或女孩
OF THE EYE OPERATIONS AND
TREATMENTS PERFORMED
WERE ON WOMEN OR GIRLS



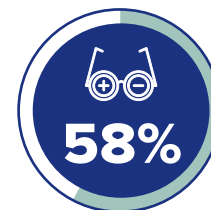
接受沙眼治療手術的
患者為婦女或女孩
OF THE SURGERIES TO
TREAT TRACHOMA WERE
ON WOMEN OR GIRLS



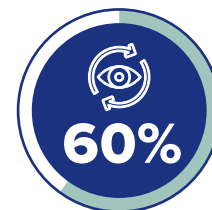
接受沙眼抗生素治療的
患者為婦女或女孩
OF THE PEOPLE TREATED WITH
ANTIBIOTICS FOR TRACHOMA
WERE WOMEN OR GIRLS



接受培訓的教師為婦女
OF TEACHERS TRAINED
WERE WOMEN



獲分發眼鏡的人士
為婦女或女孩
OF GLASSES DISTRIBUTED
WERE TO WOMEN OR GIRLS



獲挽救視力年數的
患者為婦女或女孩
OF THE YEARS OF SIGHT SAVED
WERE FOR WOMEN AND GIRLS

感謝
Thank You

您在東亞地區帶來的改變 FOR MAKING AN IMPACT IN EAST ASIA

服務國家或地區：柬埔寨、中國、印尼、老撾、越南和菲律賓
We work in: Cambodia, China, Indonesia, Lao PDR, Vietnam and Philippines

您的支持成就了
YOU HELPED ACHIEVE:



重拾視力 守護摯愛

81歲的蘇瑪蒂一直照顧患有肢體殘障的孫女，但白內障令她視力逐漸模糊，連日常活動亦變得困難。

在印尼西爪哇省的一次白內障手術中，蘇瑪蒂成功接受治療，重獲清晰視力。當她拆下眼罩的一刻，終於再次看清身邊的人和事。

如今，她不但能夠重拾日常生活的自主能力，更能繼續照顧摯愛的家人。

「現在我又可以看得清楚了。」她說。

您的支持，可幫助更多像蘇瑪蒂一樣的患者重見光明。

單在印尼，護瞳行動於2025年支持840宗白內障手術，為更多家庭帶來希望與改變。

A Second Chance to Care

At 81 years old, Sumarti was struggling with cataracts that gradually blurred her vision, making it difficult to care for her granddaughter, who lives with a physical disability.

Through a cataract surgery program in West Java, Indonesia, Sumarti received the treatment she needed and regained her sight. When her eye patches were removed, she was able to clearly see the people and world around her once again.

Today, she has regained her independence and can continue caring for the family she loves.

“Now I can see clearly again,” she said.

Your support helps more people like Sumarti regain their sight and independence. In Indonesia alone, The Fred Hollows Foundation supported 840 cataract operations in 2025, bringing hope and opportunity to more families.

感謝
Thank You

您在南亞及中東地區帶來的改變

FOR MAKING AN IMPACT IN SOUTH ASIA & THE MIDDLE EAST

服務國家或地區：阿富汗、孟加拉、約旦、緬甸、尼泊爾、巴基斯坦和巴勒斯坦
We work in: Afghanistan, Bangladesh, Jordan, Myanmar, Nepal, Pakistan and Palestine

您的支持成就了
YOU HELPED ACHIEVE:



1,892,896 人獲得篩查
PEOPLE SCREENED



123,147 宗白內障手術
CATARACT OPERATIONS



3,164 宗糖尿病視網膜病變療程
DIABETIC RETINOPATHY TREATMENTS



37,448 項治療或改善視力療程
OTHER SIGHT SAVING OR IMPROVING INTERVENTIONS



70,369 副眼鏡獲分發
PAIRS OF GLASSES DISTRIBUTED



11,629 名社區護理人員、外科醫生及教師獲培訓
PEOPLE WERE TRAINED, INCLUDING COMMUNITY HEALTH WORKERS, SURGEONS AND TEACHERS



188,817 名在校兒童與社區成員獲眼健康及個人衛生教育
SCHOOL CHILDREN AND COMMUNITY MEMBERS WERE EDUCATED ABOUT EYE HEALTH AND SANITATION



195 所設施得以落成、重建或修葺
FACILITIES HAVE BEEN BUILT, EQUIPPED OR RENOVATED



以視力守護生計

在孟加拉，許多陶藝工匠依靠雙手維持生計，但長時間工作及缺乏眼健康服務，令視力問題成為他們的隱憂。

當視力開始下降，不僅影響他們的工作能力，更可能影響家庭收入及下一代的未來。

護瞳行動與當地伙伴合作，將眼健康教育、視力篩查及轉介服務帶到陶藝社區，協助工匠及其家人及早發現眼疾，並獲得所需治療。

您的支持不僅幫助眼健康服務走進陶藝社區，更讓眼健康知識惠及整個社區。

2025年，1,005名社區護理人員、診所醫護人員及眼科醫生接受培訓，協助更多家庭及早獲得眼健康資訊、篩查及轉介服務。

Protecting Sight, Preserving Livelihoods

In Bangladesh, many potters rely on their craft to support their families, yet limited access to eye health services means vision problems can threaten both their livelihoods and their future.

When sight begins to deteriorate, the impact extends beyond the individual, affecting household income and opportunities for the next generation.

Working with local partners, The Fred Hollows Foundation brings eye health education, vision screening and referral services directly to pottery communities, helping people identify eye conditions early and access the care they need.

Your support helps bring eye care into pottery communities and strengthen entire communities. In 2025, 1,005 community health workers, clinic support staff and surgeons were trained, helping more families gain access to eye health knowledge and services.

感謝
Thank You

您在非洲帶來的改變 FOR MAKING AN IMPACT IN AFRICA

服務國家或地區：蒲隆地、喀麥隆、厄立特里亞、埃塞俄比亞、肯亞、盧旺達、坦桑尼亞和烏干達

We work in: Burundi, Cameroon, Eritrea, Ethiopia, Kenya, Rwanda, Tanzania and Uganda

您的支持成就了
YOU HELPED ACHIEVE:



看見未來 創造機會

自2006年起，護瞳行動一直與盧旺達政府衛生部及伙伴醫院合作，致力建立更強大的眼健康系統。透過培訓眼科專業人員、提升白內障服務及推動社區眼健康工作，更多人得以及早獲得診斷和治療。

近年，當地白內障手術率上升80%，並新增6名眼科醫生。

單在2025年，超過100萬人接受眼健康篩查，超過72萬名學童及社區人士接受眼健康教育。

您的支持不僅改變一個人的視力，更協助建立可持續的眼健康系統，為下一代創造更光明的未來。

Seeing the Future, Creating Opportunity

Since 2006, The Fred Hollows Foundation has worked alongside Rwanda's Ministry of Health and partners to build a stronger eye health system. By training eye health professionals, strengthening cataract services and expanding community eye care, more people can access the treatment they need.

In recent years, Rwanda's cataract surgery rate has increased by 80%, with six new ophthalmologists added to the national workforce.

In 2025 alone, more than one million people were screened and over 720,000 school children and community members received eye health education.

Your support does more than restore sight. It helps build stronger eye health systems, creating opportunities for future generations to see, learn and thrive.



救盲十年 有您瞳路

10 Years of CHANGING LIVES TOGETHER

2025年是護瞳行動香港辦事處成立十周年的重要里程碑。

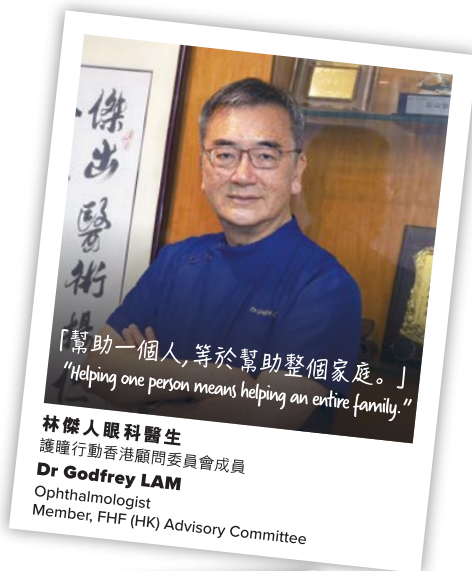
過去十年，在支持者、義工及同事的支持下，我們由成立香港辦事處、建立街頭籌款團隊，到舉辦同燃希望獎及推行多項社區教育計劃，攜手推動眼健康。

每一步，都因為有您同行而成就更多改變。

2025 marks the 10th anniversary of The Fred Hollows Foundation Hong Kong office.

Over the past decade, together with our supporters, partners, volunteers and staff, we have grown from establishing our Hong Kong office and face-to-face fundraising team to launching the Humanity Award and a range of community education initiatives.

Every milestone has been made possible because of people like you.



林傑人眼科醫生
護瞳行動香港顧問委員會成員
Dr Godfrey LAM
Ophthalmologist
Member, FHF (HK) Advisory Committee



程永康先生
護瞳行動國際董事會成員
護瞳行動香港董事會成員
護瞳行動香港顧問委員會成員
Mr Thomas CHING
Member, FHF Global Board
Member, FHF (HK) Board
Member, FHF (HK) Advisory Committee

細閱我們的十周年故事
Discover the Stories
Behind the Journey



李潔兒女士
「瞳」見光明捐計劃捐款者
Ms Li Kit Yi
Dedicated Monthly Donor

香港辦公室里程碑 Milestones of The Hong Kong Office

- 2015**
香港辦公室成立
ESTABLISHED THE HONG KONG OFFICE
- 2016**
街頭籌款隊伍啟動
INITIATED EDFACE-TO-FACE FUNDRAISING TEAM
- 2017**
推出「護見光明講座」
LAUNCHED THE "EYE HEALTH TALK"
- 2018**
舉行首屆香港《同燃希望獎》
KICKED OFF THE FIRST "FRED HOLLOWS HUMANITY AWARD" IN HONG KONG
- 2020**
疫情下首辦網上「護瞳講座」
ORGANISED THE ONLINE "EYE CARE SEMINAR" DURING THE COVID PANDEMIC
- 2021**
舉辦首屆「童見光明」填色比賽
KICKED OFF THE 1ST "BRIGHTEN THE FUTURE" COLOURING COMPETITION
- 2023**
與本地伙伴攜手守護無家者視力
COLLABORATED WITH LOCAL ORGANISATIONS TO PROTECT THE EYESIGHT OF THE HOMELESS
- 2024**
舉行首個「護瞳嘉年華」
HELD THE FIRST "WORLD SIGHT DAY CARNIVAL"
- 2025**
推出首個護眼教育遊戲「護瞳探索隊」
LAUNCHED FIRST EYE CARE EDUCATIONAL GAME "EYE EXPLORER"

讓眼健康惠及 每一個社群 Bringing Eye Care to UNDERSERVED COMMUNITIES

在香港，部分社群因語言、文化及經濟因素，未必能及時獲得所需的眼科護理服務。

2025年，護瞳行動與基督教勵行會合作，為少數族裔人士提供免費眼睛檢查及配鏡服務，協助有需要人士及早發現視力問題，並獲得適切支援。

我們相信，每個人都應享有清晰視力及獲得優質眼科護理的機會。透過與本地伙伴攜手合作，我們致力填補眼健康服務缺口，讓更多有需要人士獲得適切的眼科護理服務。

In Hong Kong, some communities face barriers that can make it difficult to access timely eye care services.

In 2025, The Fred Hollows Foundation partnered with Christian Action to provide free eye examinations and glasses to people from ethnic minority communities, helping those in need identify vision problems early and access appropriate support.

We believe everyone deserves the opportunity to enjoy good vision and quality eye care. By working with local partners, we are helping fill gaps in access to eye care services and reach people who might otherwise miss out on the support they need.



啟發下一代 改變未來

Inspiring the NEXT GENERATION

護瞳行動相信，改變始於教育。

多年來，我們透過同燃希望獎、校園講座及多元教育活動，鼓勵學生關注眼健康、社會共融及全球發展議題，培養學生同理心和助人精神。

2025年，同燃希望獎繼續表揚以行動實踐關愛精神的學生，鼓勵他們將善意化為改變社區的力量。同時，我們透過校園眼健康講座，向學生分享護眼知識及全球眼健康挑戰，啟發更多年輕人成為改變世界的一分子。

我們相信，每一位年輕人都擁有創造改變的力量。

At The Fred Hollows Foundation, we believe change begins with education.

Through the Humanity Award, school talks and other educational initiatives, we encourage students to learn about eye health, social inclusion and global development while fostering empathy and a spirit of helping others.

In 2025, the Humanity Award continued to recognise students who turned compassion into action and made a positive impact in their communities. At the same time, our school eye health talks helped raise awareness of eye health and global challenges, inspiring more young people to become agents of change.

We believe every young person has the potential to create a brighter future.

衷心感謝同燃希望獎2025的贊助機構及支持伙伴

Our sincere thanks to the sponsors and supporting partners of the Fred Hollows Humanity Award 2025:

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光明贊助
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凝聚力量 推廣眼健康

Inspiring Action for EYE HEALTH

世界視覺日是全球關注眼健康的重要日子。

2025年，護瞳行動透過多元化公眾教育活動，鼓勵市民關注眼健康及了解全球可避免失明的挑戰。

今年，我們再度聯同人氣插畫師 SoWingHong 筆下的標誌性角色「大麻成」推廣世界視覺日，透過創意方式向公眾傳遞護眼知識，並鼓勵大眾養成定期驗眼的習慣。

在企業伙伴支持下，我們透過配對捐款計劃及公眾教育活動，鼓勵更多人關注眼健康。活動期間，我們亦向捐款者送出紀念匙扣，提醒大眾在陽光強烈時佩戴太陽眼鏡，從日常生活實踐護眼習慣。

World Sight Day is a global reminder of the importance of good eye health and the need to end avoidable blindness.

In 2025, The Fred Hollows Foundation engaged the public through a range of awareness and education activities. This year, we once again partnered with popular illustrator SoWingHong and his iconic character TaiMaSing to promote World Sight Day. Through creative storytelling and community engagement, we shared practical eye care knowledge and encouraged the public to make regular eye examinations part of their health routine.

With the support of our corporate partners, donation matching and public education activities helped raise awareness of eye health and the importance of ending avoidable blindness. As a thank-you gift, donors received a commemorative keychain featuring practical eye care tips, including reminders to wear sunglasses under strong sunlight.

衷心感謝世界視覺日2025的贊助機構及支持伙伴

Our sincere thanks to the sponsors and supporting partners of World Sight Day 2025:

護行首席贊助
Principal Sponsor



護行贊助
Sight Sponsor



特別鳴謝 (依英文字母排列)
Special Thanks (in alphabetical order)



場地贊助
Venue Sponsor



創意伙伴
Creative Partner



衷心感謝 Thank You

支持者

感謝您實踐護瞳行動的理念，讓人人不論貧富，無論住在世上什麼地方，都能接觸到優質而可負擔的眼健康服務。全因您慷慨解囊支持護瞳行動，我們才可在全球超過25個國家提供服務，感謝您與我們「瞳」行。

每月捐款者

您的每月捐款，讓我們能夠提前計劃服務和發展策略，穩定地向有需要的可避免失明患者提供服務，每月為眼疾患者恢復視力、帶來光明！多謝您，這份年度報告，正正紀錄及反映了您在全球帶來的重要改變！

2025年主要支持者 — 香港及東盟

OUR MAJOR SUPPORTERS - HK & ASEAN

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OUR SUPPORTERS

We'd like to thank our supporters who share Fred's vision that every person has access to inexpensive and high-quality eye care, regardless of who they are and where they live. Our work in more than 25 countries would not be possible without your generosity and support. Thank you for partnering with us to carry on Fred's dream of ending avoidable blindness.

REGULAR GIVERS

Your monthly gifts allow us to plan ahead and develop strategic and targeted programs that tackle avoidable blindness and give the gift of sight to more people every month! Thank you. The results in this Annual Report demonstrate what we can achieve with your generous support.

安基國際慈善基金有限公司
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(排名不分先後 In no particular order)

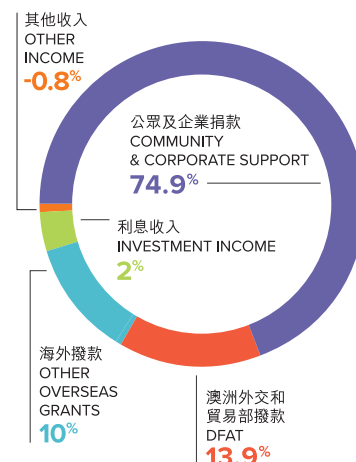
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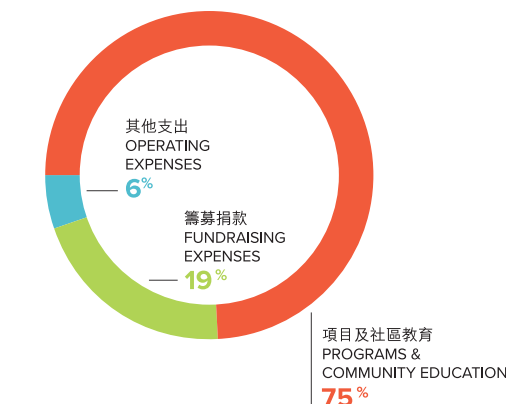
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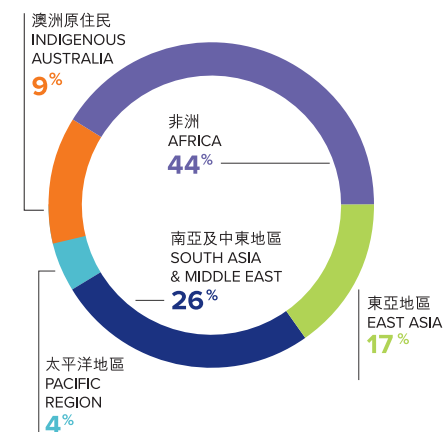
收入來源 SOURCE OF INCOME



資源運用 RATIO OF EXPENSE



地區項目支出 WHERE THE PROGRAM MONEY WAS SPENT



因為有您 光明得以延續

Because of You, SIGHT CAN CHANGE LIVES

十年來，您的支持幫助更多人重見光明，改變人生。

For the past decade, your support has helped restore sight and transform lives.

透過遺產捐贈，您更可將這份改變延續至未來世代，讓更多像布萊斯一樣的孩子擁有改變未來的機會。

Through a gift in your Will, you can continue this impact for generations to come, helping more children like Blaise see, learn and thrive.

了解更多遺產捐贈計劃
Learn more about
The Legacy of Light



布萊斯小時候因
白內障而面臨失明風險。
透過及時治療，他得以重見
光明，繼續學習和追逐夢想。

As a young child, Blaise was
at risk of losing his sight to
cataracts. With timely
treatment, he regained his
vision and the opportunity to
continue learning and
pursuing his dreams.



The Fred Hollows
Foundation | 護瞳行動

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香港特別行政區九龍太子彌敦道794-802號協成行太子中心10樓1005室
Room 1005, 10/F, OfficePlus @Prince Edward, 794-802 Nathan Road, Kowloon, Hong Kong SAR